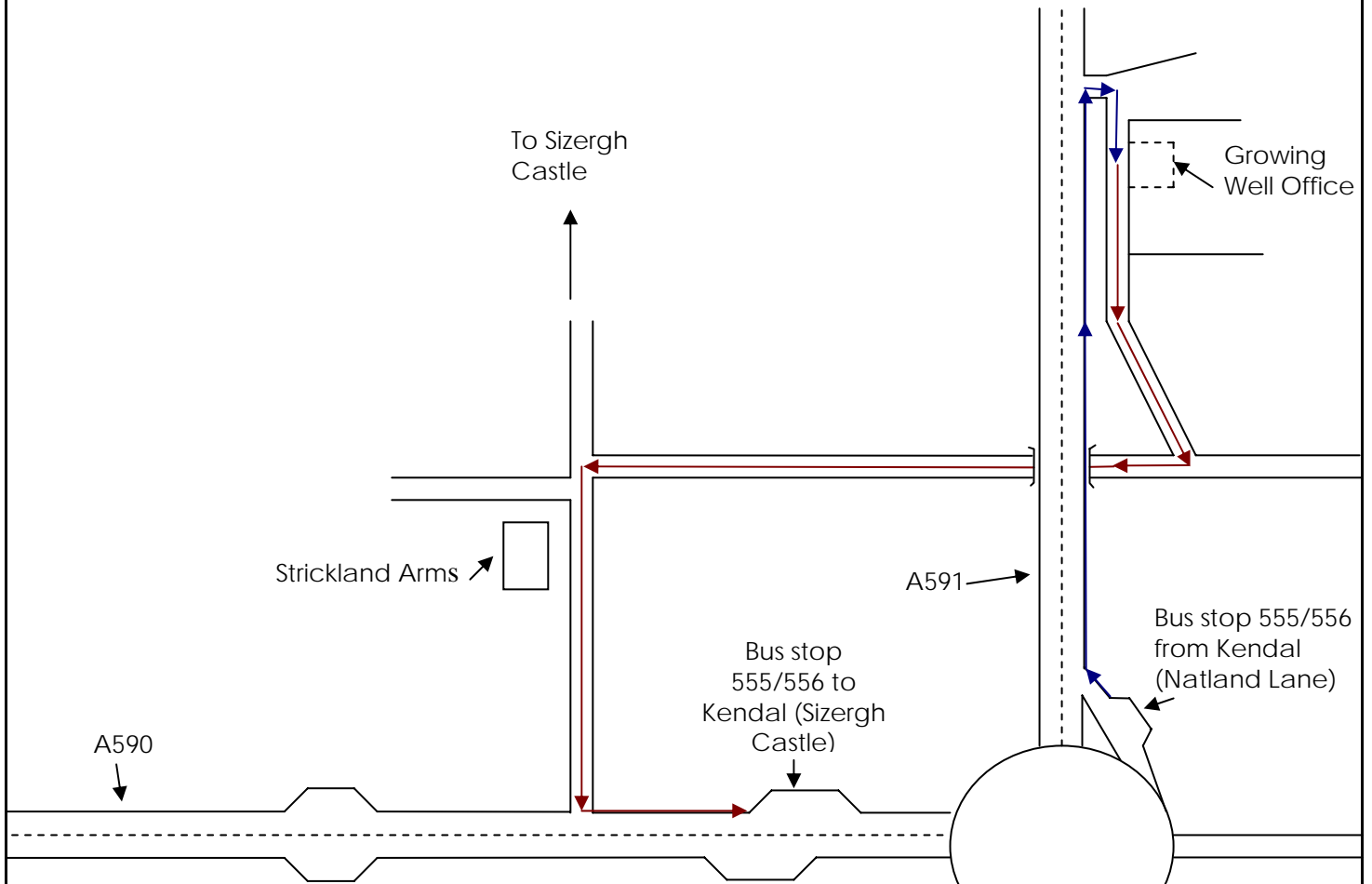


555/556 From Windermere/Kendal

Windermere Train Station	8.41	9.33	10.35	11.30	12.30	Continues at the same interval
Staveley Abbey Square	8.50	9.42	10.44	11.39	12.39	
Kendal Bus Station	9.05	10.00	11.00	12.00	13.00	
Sizergh Castle	9.19	10.14	11.14	12.14	13.14	

555/556 To Kendal/Windermere

Sizergh Castle	12.10	13.19	14.10	15.10	16.10	17.19
Kendal Bus Station	12.25	13.29	14.25	15.25	16.25	17.34
Staveley Abbey Square	12.44	13.44	14.44	15.44	16.44	17.59
Windermere Train Station	12.54	13.54	14.54	15.54	16.54	18.09



From Kendal:

If the bus driver will not drop you at the entrance to Low Sizergh Farm, disembark at the **Natland Lane** stop on the slip road from the main road. Walk back to farm on the pavement beside the dual carriageway (5-10 minute walk).

To Kendal:

Leave Growing Well down to the back lane. Turn right and go under the main road. Turn left, past the Strickland Arms and then turn left again onto the main road where the **Sizergh Castle** bus stop is located. This is a 10 - 15 minute walk.

Growing Well. Tel. **015395 61777**. Low Sizergh Farm, Low Sizergh, Kendal, Cumbria, LA8 8AE

